

No.270 February 2018

AIKIDO YOSHINKAN BRISBANE DOJO

Dojo: http://yoshinkan.info Facebook: http://yoshinkan.info Twitter: http://twitter.com/YoshinkanAikido

January Re New member		of adults train	ing 40		
Results of C	Getsurei Shinsa on 2	7 th January			
Jun-Nidan	Andrew Crampton	2Y9 step	Dominic Hogan	S3 step	Greg Burley
5 th Kyu	Tfer Newsome	2Y3 step	Viktor Ovcharenko	1	Louis Chatfield
-	Zoran Kazovic	2Y1 step	Kent Windress		

Events in February

1. Getsurei Shinsa

- Training starts, Friday 16th 7:15pm~
- Steps, Friday 23rd 7:15pm~
- Shinsa, Saturday 24th 1:00pm~

2. This Month's Holiday

• **Dojo's Holiday:** 26th Monday

Sharing the feeling of Black Belts

When I first started training at the Brisbane dojo I remember reading the newsletter column "Sharing the Feeling of Black Belts." I thought back then what I would write if I got the opportunity. It seemed like I would have something really wise to say by then, and I hoped to impart these pearls of wisdom.

Well, it's been 5 years since then, and I think the wisest thing I have to say is, keep training! Like many people who've been training for a few years, I've come to realise that the more we train, the better we understand how vast and limitless the path of aikido is. While we start training shihonage from the beginning, I know now that I've got a lot to learn before I can start to apply this technique naturally. The challenge of continually learning the fundamentals and their myriad variations means that I will always be thinking about and working on my shihonage, as well as all the other techniques that often make me confused at training!

I feel incredibly lucky to have found such a great dojo to learn aikido. I had wanted to train one of the 'harder' styles of aikido when I returned to Brisbane. My previous experience with aikido had been some training in one of the 'softer' aikido styles. While this had been enjoyable I knew that I wanted to experience aikido that was a bit more physical, more 'martial.' When I saw the Brisbane dojo online I knew that I should give this a go. During the introductory course many people helped me through the growing pains. It was at this time I started to realise the difference in teaching styles of senior students. While one person would point out one aspect of a technique, another person would open my mind to another aspect. I find this form of teaching really enjoyable and challenging, and I am constantly inspired by all the senior students at the dojo, who continue to develop their own aikido while assisting others to do the same.

Finally I'd like to say thank you to Mori Sensei and Shuko-san for their continued dedication to the dojo and the development of its students. I also want to thank all of those fellow students who continue to assist and inspire me to do better aikido. I look forward to many more years of training with you all.

OSU!

Kent Windress