



No.177 May 2010

AIKIDO YOSHINKAN BRISBANE DOJO

Dojo: <http://yoshinkan.info>

Facebook: <http://bit.ly/dojofb>

Twitter: <http://twitter.com/YoshinkanAikido>

## April Report

New members 3

Total number of adults training 55

Total number of children training 50

## Results of Getsurei Shinsa on 24<sup>th</sup> April

Jun-2 <sup>nd</sup> Dan	Ryan Slavin	6 <sup>th</sup> Kyu	Simon Horn	4Y8 step	Lee Stemm
Jun-Shodan	Marek Coleman Julian Ladd		Roger Yang Joseph Filitoga	3Y11 step	Matt Carpenter
Jun-3 <sup>rd</sup> Kyu	Brenton Bills	8 <sup>th</sup> Kyu	Lindsay Crawford	2Y9 step	Lawrence Monforte Francis Hollingworth
4 <sup>th</sup> Kyu	Daniel Gort		Ira Seidenstein	2Y4 step	Dennies Delos Santos
5 <sup>th</sup> Kyu	Rebekah Webb Jessica Chou	9 <sup>th</sup> Kyu	Andrew Willis		Kaido Mori
		5Y8 step	Emmanuel Economidis	S4 step	Oliver Bradshaw
				S1 step	Murray Booth Genevieve Sargent

## Events in May

### 1. Getsurei Shinsa

- Training starts, Friday 21<sup>st</sup> 7:15pm~
- Steps, Friday 28<sup>th</sup> 7:15pm~
- Shinsa, Saturday 29<sup>th</sup> 1:00pm~

### 2. This Month's Holiday

- Labour Day 3<sup>rd</sup> Monday
- Dojo's Holiday 31<sup>st</sup> Monday

## Sharing the feeling of Black Belts

**“Those who are enlightened never stop forging themselves. The realizations of such masters cannot be expressed well in words or by theories. The most perfect actions echo the patterns found in nature.”**  
**MORIHEI UESHIBA**

## Peaceful Journeys.....

Wow, Shodan, how can I sum it all up..... Awesome! My journey to get to black belt in a martial art has always been a passion to me ever since I was a small kid watching Jackie Chan flicks, ninja movies, Bruce Lee films, and not to forget “The Karate Kid!”. Mesmerized by the motions and captivated by the skills that all of these incredibly talented people displayed, I was very happy to get involved in Judo. I loved it, rolling and throwing, ground techniques! I became quite good in our small dojo and was very surprised when we would win against larger dojos in competitions. Judo gave me a good foundation from which to build my Martial Arts which then led me to Tae Kwon Do, where I studied good kicks and punches. I trained diligently and broadened my understanding of the arts until I finally broke my arm and finished my training. After the accident, I did not train in martial arts but still loved to watch the movies whether it was Stephen Seagal, Jean-Claude Van Damme, Jackie Chan or anything to do with ninja's or samurai's.

My fascination in Aikido started when I was watching a video on the internet many years ago of a small old guy who was about to get attacked by a lot of tough looking guys. I couldn't believe my eyes! This small old man easily and majestically threw these guys around like rag dolls. I was amazed, dumbfounded, intrigued, fascinated and elated all at the same time! I later found out that this man was Master Gozo Shioda. I knew at that moment that I had found the martial art that resonated with who I was, I had to start training! I didn't take me long to go through the telephone



book and find the dojo's around Brisbane and give them a call. After speaking with a couple of dojo's, I spoke to Shuko on the phone and went down and got some information about Sensei and the dojo. To my surprise I realized that Sensei had actually been trained by Master Shioda Sensei! I knew that this was my calling and began the introductory course around March or April 2004 and loved every bit of it. Richard was first to introduce me to the art and really got me interested in training and understanding the spirit of the dojo. Even though I had torn all of the muscles in one of my feet at home halfway through, I still went on and finished the course.

At that point I was hooked and got really stuck into finding out all about the art. I watched as many demonstrations from Master Ueshiba Sensei and Master Shioda Sensei as I could and read as much as I could find. I was fascinated by Master Ueshiba Sensei's teachings in Aikido, the harmonization with not only yourself and others, but with the universe and all. It is very spiritual and I decided to try and find this foundation in Aikido, find true harmonization, and delve to truly understand his teachings – the secret of Aikido. This then gave me a true passion and I trained hard as my body would let me.

I was happy just learning the fundamentals for a long time and didn't really feel like grading. I have had my moments when work has stopped my training and I found then that those jobs didn't help me too much, so I decided to find better ones. Luckily my new job allowed me to train regularly and I became serious in my training. At this time I had been on 9<sup>th</sup> kyu for around four years, which was good for me at the time as it helped develop my foundation and the Aikido body. You should have seen Sensei's expression when I walked back into the dojo with a huge beard after I had disappeared for a time, it was quite funny considering I was mostly clean cut during my previous visits. I then trained hard and kept my humorous nature on the mats to help me strive and get through the injuries and truly be myself in my understanding of Aikido. I thank you all for helping me on this path. All of the people I have trained with have truly helped me fight through the pain and strive for better form and understand the techniques. I have to say a special thanks to Eagle and Richard for really helping me understand proper technique and true understanding, thanks guys! And to everybody at the dojo, thank-you my friends, you all truly make dojo life a wonderful environment to learn and place to be!

We all have been blessed by being able to train under Mori Sensei. I count my lucky stars that every week I can train under one of the best in the world. I have the greatest admiration for Mori Sensei, he is truly a shining light for Aikido and has helped my understanding more than I could have ever possibly hoped, thank-you Sensei! Domo Arigato Gozaimasu!

OSU!

**Kris Anderson**