

NEWSLETTER



No.184 December 2010

AIKIDO YOSHINKAN BRISBANE DOJO

Dojo: <http://yoshinkan.info>

Facebook: <http://bit.ly/dojofb>

Twitter: <http://twitter.com/YoshinkanAikido>

November Report																																	
New members 4		Total number of adults training 61		Total number of teens training 45																													
Results of Getsurei Shinsa on 19th & 20th November																																	
Jun-Nidan	Lawrence Monforte	6th Kyu	Justin Charell	2Y10 step	Dennies Delos Santos																												
Jun-Shodan	Murray Booth	3Y1 step	Aarjaun Burch	2Y3 step	Helly Conroy																												
	Jim Stanley		Murray Davis	2Y2 step	Amy Hughes																												
Jun-3rd kyu	Joseph Filitoga	2Y11 step		S2 step	Peter Hills																												
Events in December																																	
1. Sogo Shinsa																																	
<ul style="list-style-type: none"> • Training starts, Friday 3rd 7:15pm~ • Steps, Friday 17th 7:15pm~ • Shinsa, Saturday 18th 1:00pm~ 																																	
2. Teens Class Holiday through X'mas and New Year's Day																																	
<ul style="list-style-type: none"> • No Teens' class will be held during school holidays. The last day of this year's Teens' class is on the 9th December Thursday. The first class in the New Year for Kids class is on 27th January Thursday and Teens class is on 1st February Wednesday. 																																	
3. This Month's Holiday of Adults' class																																	
<ul style="list-style-type: none"> ♦The dojo is closed from 24th to 28th, and is open on 29th & 30th, and is closed again between 31st -3rd of January. 																																	
◆DECEMBER & JANUARY																																	
<table border="1"> <thead> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> </tr> </thead> <tbody> <tr> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> </tr> <tr> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td>31</td> <td>1</td> </tr> <tr> <td>2</td> <td>3</td> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> </tr> </tbody> </table>						S	M	T	W	T	F	S	19	20	21	22	23	24	25	26	27	28	29	30	31	1	2	3	4	5	6	7	8
S	M	T	W	T	F	S																											
19	20	21	22	23	24	25																											
26	27	28	29	30	31	1																											
2	3	4	5	6	7	8																											

2011 YEARLY PLAN

JANUARY	29 th	Saturday	Getsurei Shinsa
FEBRUARY	26 th	Saturday	Getsurei Shinsa
MARCH	26 th	Saturday	Sogo Shinsa
APRIL	16 th	Saturday	Getsurei Shinsa
	22 nd – 26 th	5 days	Easter Holiday
MAY	28 th	Saturday	Getsurei Shinsa
JUNE	25 th	Saturday	Sogo Shinsa
JULY	23 rd	Saturday	Getsurei Shinsa
AUGUST	28 th	Sunday	16th Annual Demonstration
			No Getsurei Shinsa
SEPTEMBER	24 th	Saturday	Sogo Shinsa
OCTOBER	22 nd	Saturday	Getsurei Shinsa
	29 th	Saturday	Senshusei (Hajime) Class
NOVEMBER	19 th	Saturday	Getsurei Shinsa
	26 th	Saturday	Children & Teens' Special Event Special Class & Demonstration
DECEMBER	17 th	Saturday	Sogo Shinsa



Sharing the feeling of Black Belts

Sandan (3rd Dan)

Firstly, I would like to express my gratitude to Sensei and Shuko San for their constant support thus far and to everyone who has trained with me and helped me with my preparations for my 3rd Dan Grading, especially to all the lunch-timers, my Uke for the day, Jo. It was certainly a testing and enjoyable afternoon spent Ukeing for Everyones Black belt grading and then doing mine at the end.... I had a ball!

(Flashback)

I'll never forget a year or so ago during second class training.... The technique was and oldie but a goody... *Shomen Uchi Shomen Irimi-nage ichi*..... We had a done a few rounds with various Ukes and, as a Nidan, I was feeling reasonably satisfied with my technique..... That was until Emmanuel pulled up in front of me..... I proceeded to do the technique only to be met by Emmanuel standing upright with a huge grin on his face, my technique basically having no effect. A truly humbling experience....

I relish those experiences, because they drive me to explore why my technique doesn't work and what I need to do to improve it in the distant, faint hope that it might actually work one day! (*Sigh*.....)

The thing was, He wasn't being difficult or a bad partner. It just wasn't feeling right from an Uke perspective.... There was no connection between Shite and Uke and I was using my strength on a opponent that is bigger and stronger than myself. Basically- "No Harmony = No Good" and at the level of 3rd dan, I need to do better. That was a great reminder for me and I'm happy to receive and need that sort of feedback from anyone. Not just 5th dans....

So feel free everyone.....

My Aikido training plays such as important part in my life... It's certainly my release, but also a tool or "Way" to maintain my personal and professional life balance. I feel I have definitely succeeded here in the past 3 years..... Again, Thank you Sensei, for your expert instruction, encouragement and discipline which has helped develop my Aikido technique to what I hope is another level.

See you all on the mats!

Osu!

Matt Carpenter