

NEWSLETTER

No.294 February 2020

AIKIDO YOSHINKAN BRISBANE DOJO

Dojo: <http://yoshinkan.info>

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January Report					
New members 3		Total number of adults training 41			
Results of Getsurei Shinsa on 31st January					
7th Kyu	Bernadith Woolley	3Y1 step	Janna Malikova	2Y7 step	Louis Chatfield
9th Kyu	Perry Mader		Vladimir Roudakov		
Events in February					
1. Getsurei Shinsa			2. This Month's Holiday		
<ul style="list-style-type: none">• Training starts, Friday 21st 7:15pm~• Steps, Friday 28th 7:15pm~• Shinsa, Saturday 29th 1:00pm~			<ul style="list-style-type: none">• Dojo's Holiday: Monday 2nd March		

Sharing the feeling of Black Belts

Nidan

First of all, I'd like to thank Sensei, Shuko-san and every single member of the dojo for all the support and training thus far.

Recently, I have been given the opportunity to help out the introductory course, and I realised that you can learn a lot more about each technique by trying to teach beginners.

When I watch beginners trying to perform Kihon Dosas and techniques, or when I get questioned about it, it makes me think about each movement that I otherwise do mindlessly.

So, regardless of rank or skill, I believe that every technique in every training session are the building blocks of our knowledge in Aikido today, so I thank you all!

My Shodan grading was three and a half years ago.

The training to Second Dan was hard, but the real obstacle wasn't that. The biggest challenge for me was motivation.

During the 3.5 years, I finished off my university degree.

I was the typical undergrad student, struggling financially with no job but many internships.

I felt overwhelmed, and I lost energy and interest in a lot of things I used to enjoy. Aikido was one of them.

I told myself that I will take a *short break* while I try and focus on uni...

Well, that *break* went on for 8 months!

I still regret taking this break, and the fact that I didn't tell anyone beforehand.

However, when I eventually did go back to train, the dojo welcomed me with open arms and I am very grateful for that!

I am very happy to be a part of this great community again, and to be able to train like before.

Special thanks to Matt for being my Uke on the day. I can only imagine how hard it is to be a Uke for Yudan grading. Not only that, but on a gruelling hot summer day! So, thank you :)

See you all at the mats,
OSU!

Roland Thompson