

NEWSLETTER

No.315 November 2021

AIKIDO YOSHINKAN BRISBANE DOJO

Dojo: <http://yoshinkan.info> Facebook: <http://bit.ly/dojofb>

October Report					
New members 4		Total number of adults training 41		Total number of children training 44	
Results of Getsurei Shinsa on 29th & 30th October					
4th Kyu		6th Kyu		3Y2 step	Greg Burley
Mikiko Nakao Cameron Hunter		James Thai Charlie Pitt Cassandra Baptist		3Y1 step	Louis Chatfield
Events in November			2. Getsurei Shinsa		
1. Self-defence Class & Demonstration			3. Children's grading-demonstration Saturday		
<ul style="list-style-type: none">• Self-defence class; Saturday 20th 1:00pm~2:30pm• The class is not for public but only for the members.• Participation fee is \$20 cash to be used for food and drink. Please register by 10th Nov.• Demonstration; 2:45pm~• An after party is scheduled. Families and friends are welcome to the demo and party.			<ul style="list-style-type: none">• Training starts, Thursday 18th 7.15pm~• Steps, Friday 26th 7:15pm~• Shinsa, Saturday 27th 1:00pm~		
			13th 9.30am~		
			<ul style="list-style-type: none">• Rehearsal 9:30am• Grading-demo starts at 10am• Awarding ceremony 11am		
			4. This Month's Holiday		
			Dojo's Holiday 29 th Monday		

Sharing the feeling of Black Belts

Shodan

You know, when I started training I didn't think I ever end up having to write an article. I needed to take up some sort of sport or something to regain some strength and I knew that if I wasn't learning while I was at it I'd get bored and stop before I gained any benefit from it. I'd studied some tai chi for a few months several years before and a relative said that aikido might hold my interest longer. Adam suggested that I contact the aikido dojo in West End - that's how he put it - and see if that suited me better.

Well he wasn't wrong. I decided to try one class and see if this was something I could be interested in. If one class seemed OK then I'd stay for the rest of the beginner's course. After that month I'd decide about the rest of the year - I started in October - and in the new year I'd decide if I would continue beyond that. Three years later I'm still training, still learning and still not bored or looking to quit. I've also realised that physical aikido techniques are not all that I can learn. How to harmonise with other people, how to teach, and how to persevere when I'm slow to learn are also lessons to learn through training.

For the last year or so I've also been helping with the introductory course which has been an interesting experience. This gave me an opportunity to focus on basics and highlighted how much I don't know. I need to thank Sensei for this opportunity and Greg for teaching me something of how to teach beginners while teaching the course himself. I also need to thank and apologise to all the beginners who came to try out aikido and became my unwitting teachers and guinea pigs.

I need to thank Sensei and Shuko san for their extraordinary work to build the dojo into the unique place that it is. Thanks to everyone for coming to class and taking the time to help me and particularly to Matt for being my uke for the grading. Thanks also to Matt and Tfer and Michael and Greg for more lifts home after class than I can count.

OSU!

Danielle Gravalin