

10th Kyu
(Monthly Grading Tests)

1	Migi-hanmi-Kamae
2	Hidari-hanmi-Kamae
3	Seiza-ho
4	Shikko-ho
5	Koho-ukemi
6	Aikiken 1-3
7	Uraken-uchi Hiriki-no-yosei (1)(2)
8	Uraken-uchi Hiriki-no-yosei (1)(2) with Tanto
9	Kata-oshi/Body-push Ikkajo
10	Tateken Ikkajo-osae (1)